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# I Am Safe - Parent/Teacher/Advocate Companion: Training Children To Recognize & Avoid Sexual Abuse In A Positive Setting (Volume 1)



## Synopsis

I AM SAFE Parent/Teacher/Advocate Companion I AM SAFE is an adult companion book has smaller versions of the same pictures, so an adult can color along with the child, creating a comforting setting rather than a "We need to talk" discussion setting. The adult version has additional information that can be adapted to the child's age and level of understanding, including statistics, questions to ask, and some great ideas, such as a family password. I AM SAFE is created for advocacy groups, churches, schools, and homes appropriate for children in sheltered environments as well as children overcoming past abuse. For bulk discounts, permission requests, blog reviews or interviews, contact Kimberly Rae at [www.kimberlyrae.com](http://www.kimberlyrae.com).

## Book Information

Series: I Am Safe

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Best Sellers Rank: #4,613,853 in Books (See Top 100 in Books) #61 in Books > Teens > Social Issues > Sexual Abuse

## Customer Reviews

From Kimberly Rae, the author of the best-selling series, *Stolen Woman*, which deals with the evils of human trafficking, it seems surprising to see coloring books listed among recently published books. The two books, entitled *I Am Safe*, were prepared to help younger children become aware of dangers a child may face and how to stay away from potentially dangerous situations, such as fire or accepting rides with strangers or sexual abuse. The format of a coloring book makes it easy for the child to talk about and remember these situations. The second book is for parents, teachers or counselors and gives information that helps the adult know how to discuss each matter with the child. There is even information about the body language that would communicate problems the child might be afraid to reveal. This should help the adult identify serious problems that need

to be addressed. These books are an excellent way of helping children learn what to do if they experience possible problems that might remain hidden if they had never been aware of these situations.

~ ~ ~ ~ ~ Elinor Pennell Retired teacher and tutor for troubled children ~ ~ ~ ~ ~ "I thought this book was very well done. It was written in an appropriate, comfortable and knowledgeable ~ ~ ~ ~ ~ way. ~ ~ ~ ~ ~ I would definitely recommend to ~ ~ ~ ~ ~ friends and colleagues." - Hannah Rinehart, MA, LPC, Counselor ~ ~ ~ ~ ~ "I would absolutely recommend this as a helpful tool for parents, school counselors ~ ~ ~ ~ ~ and child advocates. This book provides just the right amount of information, with just the right wording to help guide children and adults into further discussion. ~ ~ ~ ~ ~ The wording was great. I felt it was very reassuring." - Jennifer, parent "I wish someone would have taken the time to share the information in ~ ~ ~ ~ ~ I Am Safe ~ ~ ~ ~ ~ with me when I was young. ~ ~ ~ ~ ~ As a sexual abuse survivor, please order this book and share this information with all the children you know so we can do everything possible to protect our precious children." - Judy Edinger ~ ~ ~ ~ ~ Education Training Consultant REST Ministries, Akron PA "Kimberly Rae's "I am Safe" coloring book reaches out to children through an age-appropriate activity in which children are taught and reassured of appropriate boundaries. It also offers a less threatening manner of reaching out when abuse if a child has been inappropriately touched or abuse is suspected. I've known Kimberly Rae for several years and she is passionate about educating, protecting and eliminating trafficking and abuse. I highly recommend these coloring books for any institution that serves a children's advocate." - Thank you, Amy L. Bovaird Author of Mobility Matters: Stepping Out in Faith. "I feel like I paid more attention to my mom talking about this stuff because I was coloring pictures that went with what she was saying." - Tabitha, child, age 7 "This is a great resource to help children understand how to stay safe in a very non-frightening way....it's very positive and if a child who was a victim was reading it, I think it would be very reassuring. My 6 yr old understood everything. He had some questions because we haven't discussed some of these things, but it was a good conversation starter. The pictures are pleasing and positive." - Melissa, parent "I liked that it was a coloring book. It made it more fun to listen to my mom tell me about this stuff." - Delilah, child, age 5

Personal Note by Author Kimberly Rae: ~ ~ ~ ~ ~ When I first had kids, if someone told me I should talk with my children at an early age about good touch/bad touch, and rules about what

to do if an adult crossed the boundaries into inappropriate behavior, I&apos;d have probably shrunk away and thought that was over-the-top paranoid. Besides, how would I bring up the topic without telling them way more than they needed to hear?Ã Â Ã Â Ã Â Ã Â Now that I know that 90% of childhood sexual abuse cases occur with someone the child already knows, I don&apos;t assume that strangers are the only danger to my children, and if I keep them from suspicious people, they will be safe. Predators are good at getting adults and children to trust them, and they often target places where they gain access to lots of kids in authority-based environments (such as churches, summer camps, schools, etc.).Ã Â Ã Â Ã Â Ã Â I write and train on human trafficking and over the years my research has brought me to what I believe is one of the most important and most overlooked aspects of trafficking - childhood sexual abuse. There is a huge, huge overlap between victims of childhood abuse and victims of childhood and adult exploitation. We might be able to shield the children we love from being targeted on the internet or in the mall, but the fact that child abuse frequently happens by someone the child knows (and often someone the entire family trusts) is terrifying.Ã Â Ã Â Ã Â Ã Â Because of this, kids need to be taught when behavior crosses from appropriate and loving to inappropriate and abusive. However, like me, many adults are wary of broaching the topic, unsure of how to present helpful information without over-educating or scaring children. Others just don&apos;t know what to say.Ã Â Ã Â Ã Â Ã Â I partly created this resource for myself. I have two children and would much rather talk comfortably over a coloring page than sit them down at the table and have a training session that will make us all nervous. I wanted something conservative parents would feel comfortable sharing with their children. I wanted something I could offer parents, teachers or advocates that would help victims talk about it and overcome, taking away vulnerability to further exploitation in the future.Ã Â Ã Â Ã Â Ã Â I can&apos;t express how much I want childhood sexual abuse to stop. How important it is that children are empowered to know that when something is wrong, they have options and what those options are. To understand that sexual abuse is a crime and should be treated as such. Right now statistics say 1 in every 4 women and 1 in every 6 men experienced some form of childhood sexual abuse. I meet them often when I speak. Many have still never told. Wouldn&apos;t it be wonderful if, through resources like I AM SAFE, we could change that statistic for the next generation?Ã Â

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